

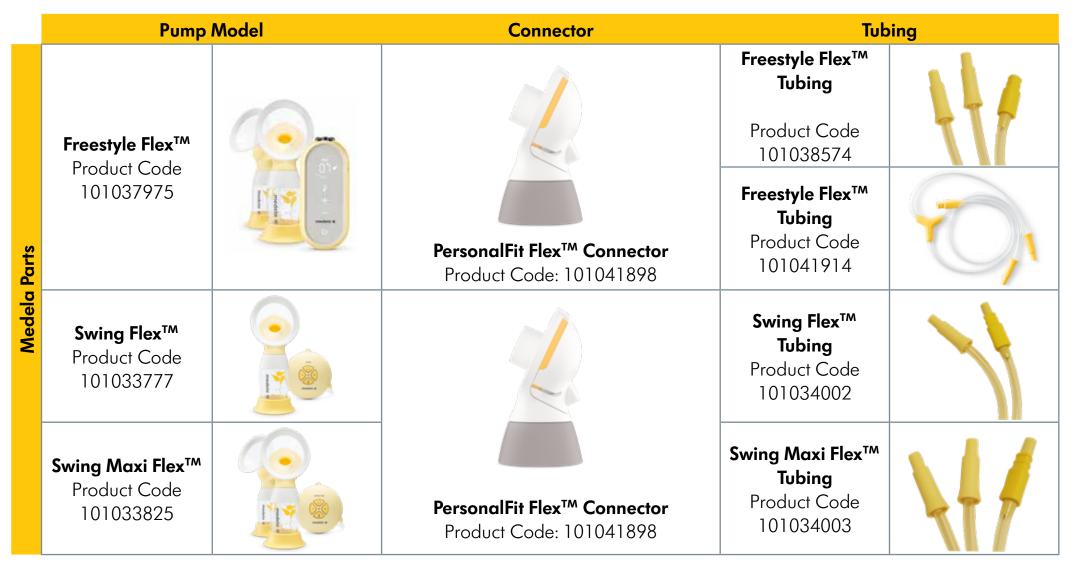
if unsure, please contact Medela Customer service on 1800 787 345 prior to purchase.



NOTE: The Swing MaxiTM breast pump include both Small 21mm and Medium 24mm PersonalFit FlexTM Breast Shields. The Freestyle Hands-free breast pump include both Small 21mm and Medium 24mm Hands-free Breast Shields. For more information on the Medela breast shields, go to page 5 & 6.



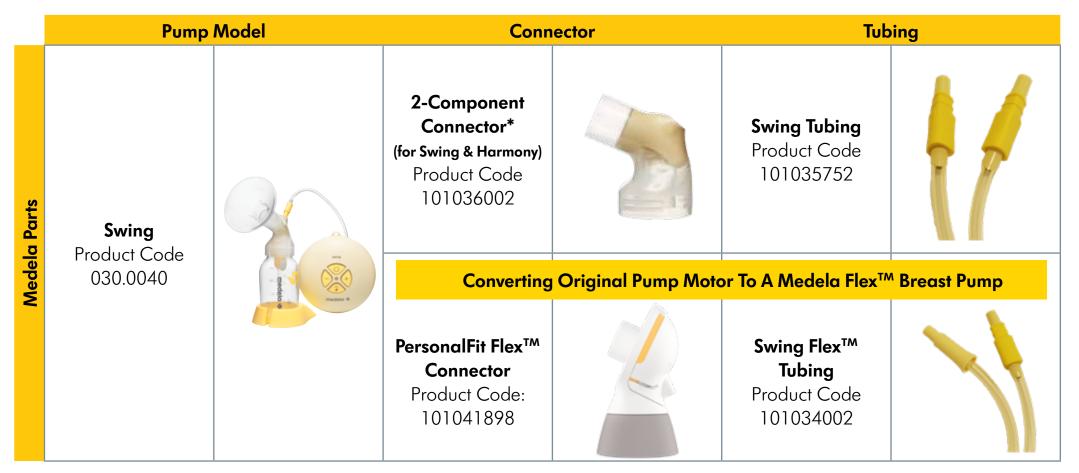
if unsure, please contact Medela Customer service on 1800 787 345 prior to purchase.



NOTE: The Flex[™] breast pump range include both Small 21mm and Medium 24mm PersonalFit Flex[™] Breast Shields. For more information on PersonalFit Flex[™] breast shields, see page 5.



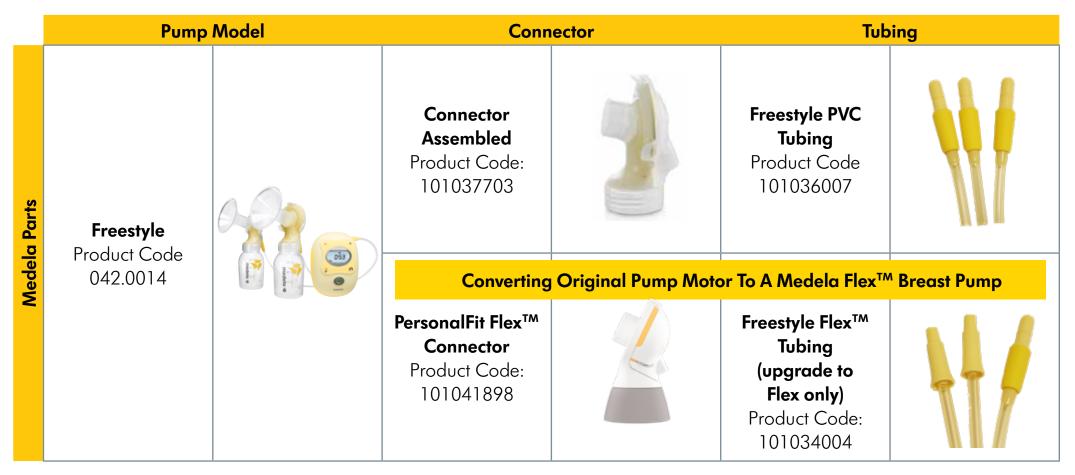
if unsure, please contact Medela Customer service on 1800 787 345 prior to purchase.







if unsure, please contact Medela Customer service on 1800 787 345 prior to purchase.

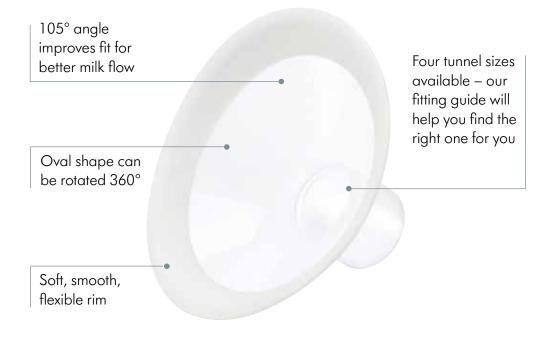






PersonalFit Flex[™] breast shields

A whole new pumping experience, personalised to you



Understanding Medela's breast shield sizing

Pumping should not hurt. For maximum comfort and pumping efficiency, Medela offers multiple breast shield sizes^{*}. This guide is a starting point to help determine your optimal size based on your nipple diameter.

Step 1

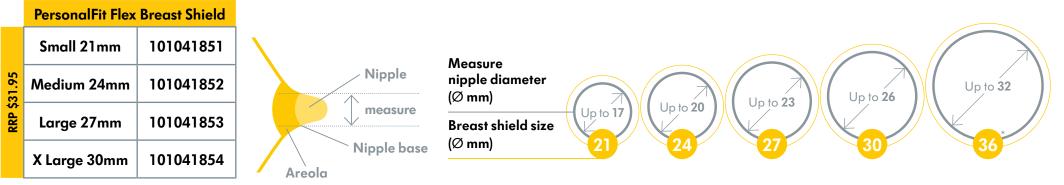
Using a ruler or measuring tape, measure the diameter of the nipple at the base (across the middle) in millimeters (mm). Do not include the areola.

Step 2

Based on the measurement, determine the Medela breast shield size.

Example: If the nipple size measures 16 mm in diameter, the recommended Medela breast shield size is 21 mm.

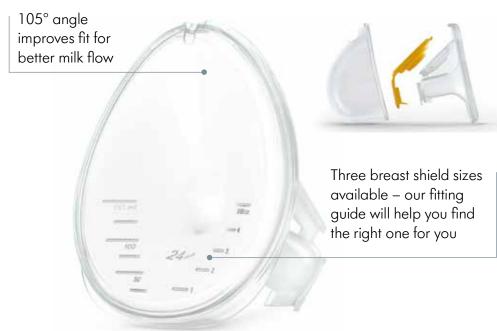
*36mm available in hospital only





Freestyle[™] Hands-free breast shields

Compatible with the Freestyle[™] Hands-free double electric breast pump only



Please note that the Collection Cups are not included

Understanding Medela's breast shield sizing

Pumping should not hurt. For maximum comfort and pumping efficiency, Medela offers multiple breast shield sizes. This guide is a starting point to help determine your optimal size based on your nipple diameter.

Step 1

Using a ruler or measuring tape, measure the diameter of the nipple at the base (across the middle) in millimeters (mm). Do not include the areola.

Step 2

Based on the measurement, determine the Medela breast shield size.

Example: If the nipple size measures 16 mm in diameter, the recommended Medela breast shield size is 21 mm.

