

if unsure, please contact Medela Customer service on 1800 787 345 prior to purchase.



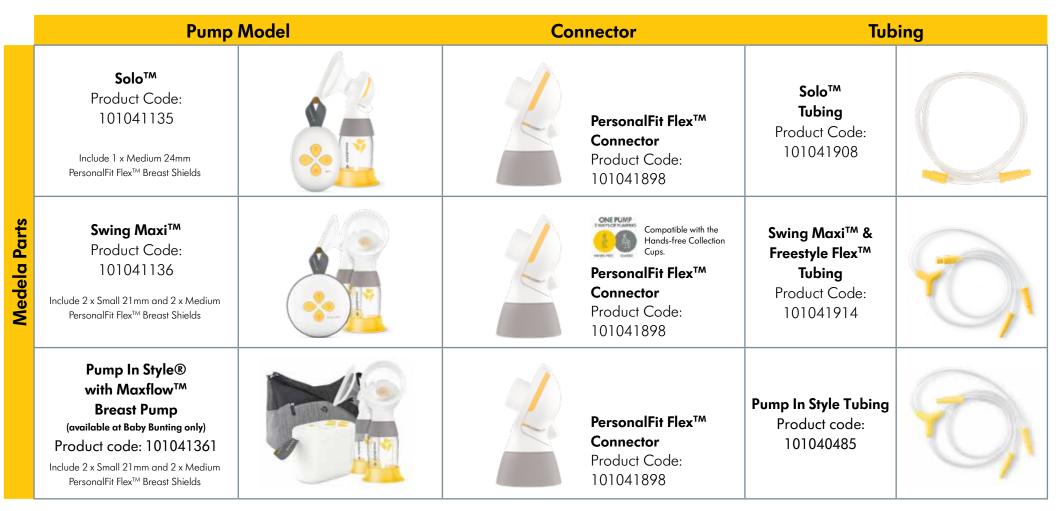


You can now upgrade your pump for a superior hands-free experience with our new Hands-free Collection Cups and have the freedom to choose your way of pumping - Hands-free or classic with bottle set. See page 7 for more information on the **One Pump, 2 Ways of Pumping.**

NOTE: For more information on the Medela breast shields, go to page 6.



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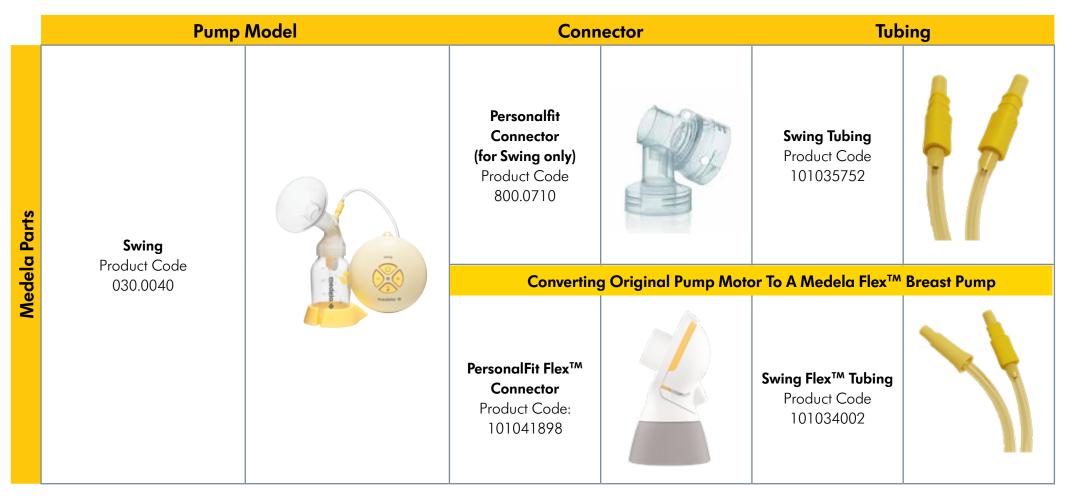
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	Pump Model		Connector		Tubing	
Medela Parts	Freestyle Flex™ Product Code: 101037975		R	Compatible with the Hands-free Collection Cups. PersonalFit Flex TM Connector Product Code: 101041898	Freestyle Flex™ Tubing Product Code: 101038574	
					Freestyle Flex™ Tubing Product Code: 101041914	
	Swing Flex™ Product Code: 101033777		R	PersonalFit Flex™ Connector Product Code: 101041898	Swing Flex™ Tubing Product Code: 101034002	
	Swing Maxi Flex™ Product Code: 101033825		R	PersonalFit Flex™ Connector Product Code: 101041898	Swing Maxi Flex™ Tubing Product Code: 101034003	

NOTE: The Flex[™] breast pump range include both Small 21mm and Medium 24mm PersonalFit Flex[™] Breast Shields. For more information on Medela breast shields, see page 6.



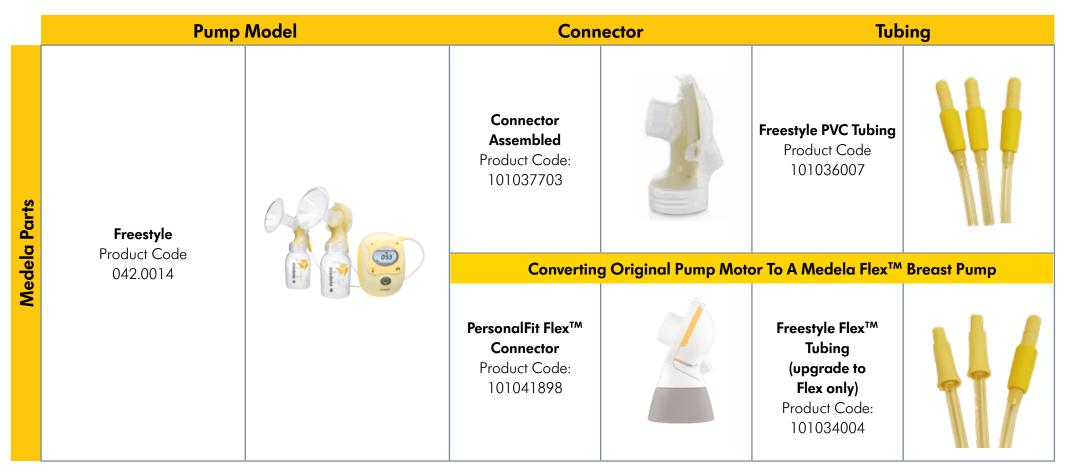
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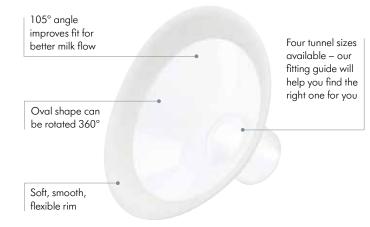






PersonalFit Flex[™] breast shields

A whole new pumping experience, personalised to you



Hands-free breast shields						
Please note that the Collection Cups are not	included					
105° angle improves fit for better milk flow						
	Three breast shield sizes available – our fitting guide will help you find the right one for you					

	PersonalFit Flex Breast Shield					
	Small 21mm	101041851				
<mark>RRP \$31.95</mark>	Medium 24mm	101041852				
<mark>RRP \$</mark>	Large 27mm	101041853				
	X Large 30mm	101041854				

	Freestyle Hands-free Breast Shield				
95	Small 21mm	101045040			
RRP \$37.95	Medium 24mm	101045051			
RR	Large 27mm	101045056			

Understanding Medela's breast shield sizing

Pumping should not hurt. For maximum comfort and pumping efficiency, Medela offers multiple breast shield sizes*. This guide is a starting point to help determine your optimal size based on your nipple diameter.

Step 1

Using a ruler or measuring tape, measure the diameter of the nipple at the base (across the middle) in millimeters (mm). Do not include the areola.

Step 2

Based on the measurement, determine the Medela breast shield size.

Example: If the nipple size measures 16 mm in diameter, the recommended Medela breast shield size is 21 mm.





Hands-free Collection Cups

One Pump, Two Ways of Pumping







With Medela's Hands-free Collection Cups you can add an additional way of pumping to your classic pump set, giving you the freedom to choose your way of pumping and collecting milk with only one pump. The Hands-free Collection Cups are compatible with the FreestyleTM Hands-free, FreestyleTM Flex, and Swing MaxiTM only.

Hands-free Collection Cups Features & Benefits

Anatomic shape: The Hands-free Collection Cups are designed to fit your breast shape for effective milk expression and comfort.

Ultra-lightweight: The Hands-free Collection Cups are amongst the lightest available (76g / 2.6oz each) and designed to fit comfortably and discreetly in your bra.

3 parts, easy to clean and assemble: Medela's milk collection cups are dishwasher safe (on the top rack only) making pumping less time consuming.

Transparent design: Makes it easy to check that you are placing your nipple correctly into the tunnel, preventing rubbing and supporting effective milk expression. The see-through cups help you notice when and how your milk is flowing.

Plug and pump: The Hands-free Collection Cups are quick-to-connect to your Freestyle[™] or Swing Maxi[™] and you're ready to go!